

HOSP – Delivering the Public Health Business Plan 2023/24

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Thursday 22nd June 2023

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Public Health Business Plan 2023/24: Priorities

There are 7 priorities for Public Health for 2023/24:

- Reduce the harm caused by substance misuse including alcohol misuse
- Reduce the prevalence of smoking, including smoking in pregnancy, across the city working with partners to ensure sustained system wide action
- Reduce unwanted pregnancies by increasing access to Long-Acting Reversible Contraception (LARC) in general practice, maternity and abortion pathways, and strengthening LARC pathways with vulnerable groups
- Promote positive mental wellbeing across Portsmouth and reduce suicide and self-harm in the city by delivering the actions within Portsmouth's Suicide Prevention Plan (2022-25) and the ICB Suicide Prevention partnership programme.
- Promote healthy weight, reducing the harms from physical inactivity and poor diet.
- Work with Council partners to address the health impacts of the built and natural environment.
- Enable an intelligence-led approach to addressing key health and care priorities for the city

Service	Provider/s	Contract terms	Update
<p>Locally commissioned services (smoking cessation, alcohol awareness, supervised consumption, needle exchange, emergency hormonal contraception, Long Acting Reversible Contraception, NHS Health Checks)</p>	<p>GP practices and community pharmacy</p>	<p>Term: rolling year on year</p>	<p>These services have been recommissioned from 1st April 2021. These services are paid for by activity on patient led basis, however NHS Health Checks is invitation only and is a local authority mandated service.</p> <p>Long Acting Reversible Contraception review will take place across Hampshire, Isle of Wight, Portsmouth and Southampton to explore opportunities for alignment.</p>
<p>Integrated Drug and Alcohol treatment and support service. Including: assessment and case management, medical interventions, psychological and social support interventions, specialist substance misuse housing support</p>	<p>Society of St James (SSJ)</p>	<p>Commenced 1st June 2022 initially until 31st March 2026, but flexibility to extend up to 31st March 2032.</p>	<p>This service has recently been re-commissioned. The new contract was awarded to the incumbent lead provider, SSJ. SSJ are working in partnership with an NHS provider called Inclusion, who provide drug and alcohol services across the country. Additional elements within the new contract include: expanded opening hours to 7 days per week, expand women only provision, expanded support for carers/families, provide some alcohol only provision and deliver abstinence based supported housing.</p>
<p>Sexual Health (contraception, testing and treating sexually transmitted infections, HIV prevention and testing, sexual health promotion, Psychosexual Counselling, Networks and training)</p>	<p>Solent NHS Trust</p>	<p>Current contract extended to end of March 2024. Recommissioning processes has initiated.</p>	<p>Includes mandated services. This joint contract with commissioners across Hampshire, Portsmouth, Southampton and Isle of Wight Local Authorities and ICB offers face to face and remote provision, including home self-sampling STI/HIV testing, treatments and condoms by post where appropriate. The clinical front door has been introduced using the Systems Thinking approach.</p> <p>NHS England has introduced opportunistic cervical screening within the service.</p>
<p>Health Visiting & School Nursing and National Childhood Measurement Programme (in conjunction with Children's and Families Directorate)</p>	<p>Solent NHS Trust</p>	<p>Section 75 agreement - ongoing</p>	<p>Solent NHS Trust are commissioned by Children's Services to deliver Health Visiting and School Nursing</p>
<p>Healthwatch</p>	<p>The Advocacy People</p>	<p>Term; 4 years with options to extend up to 7 years</p>	<p>Mandated service - and new contract which commenced April 2021 with The Advocacy People</p>

Joint Working – Portsmouth through HCP

- Aligning commissioned functions where appropriate with ICB Portsmouth and PCC Adults/Children's through Health and Care Portsmouth S75s
 - Aligned funding on programme areas
 - Main benefits from PH services perspective to improve outcomes for residents
 - Better join up of sexual health commissioning (remove false barriers between funding / provision)
 - Opportunity to improve join between mental health and substance misuse services
 - Strong links with the Inclusion Healthcare Team
 - Link into primary care commissioning functions as develop
 - Collaboration in Local Care planning – creating shared vision e.g. cardiovascular disease prevention with application of Population Health Management
- Strengthened Intelligence links including:
 - Supporting intelligence-led Population Health Management approaches across Health and Care Portsmouth (H&CP) 'Place'
 - Providing maps and analysis e.g. using SHAPE to support H&CP planning and decision-making
 - Engaging ICB Portsmouth in joint approaches to key city challenges through the HWB priorities, Knowledge Network, and ongoing surveillance work around Covid-19 and other viruses etc

Public Health Intelligence

- In addition to what is in the Business Plan, we continue to lead the data and insight aspect of the council's response to the Cost of Living crisis, using the CoL Dashboard, which brings together key data on vulnerability to, and impact of, the cost of living crisis in Portsmouth, to inform actions within the council and through its partners.
- Support to the delivery and monitoring of the city's Health and Wellbeing Strategy continues, including a new Poverty Needs Assessment that will form the 2023 Public Health Annual Report.
- The HWB approved the [Pharmaceutical Needs Assessment](#) for publication in October 2022, through which the HWB were able to successfully oppose the consolidation application that would have led to the closure of a pharmacy in Hilsea
- The [Solent Armed Forces Covenant Needs Assessment](#) was published in February 2023 on behalf of the four local authorities (Portsmouth, Gosport, Southampton and IoW) that make up the partnership.
- We provide the data and intelligence to inform the revised Health Protection Forum.

Public Health Intelligence (cont.)

- Monitoring of key priorities in the Strategic Assessment for Crime, ASB, Re-offending and Substance Misuse informs the work of local partnerships including the Combating Drugs Partnership and the Domestic Abuse Partnership.
- The Community Safety analysts will also produce the new Strategic Needs Assessment of Serious Violence and continue to support the council's work around tackling Anti-Social Behaviour.
- We continue to develop more joined up approaches to the production and use of 'knowledge' across the council, with partners in Portsmouth and with PH Intelligence teams across HIOW.
- We are building the strategic relationship with the University of Portsmouth, and leading the development of a more research-active council to support evidence-informed decision-making. This has included enabling the Athletic Skills Garden project and supporting community-based researchers. A number of new strategic and operational research projects are being applied for currently.

Portsmouth Wellbeing Service 22/23

Overview:

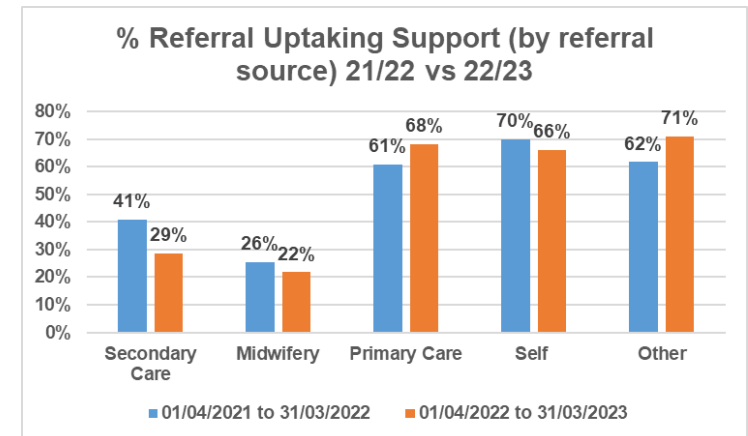
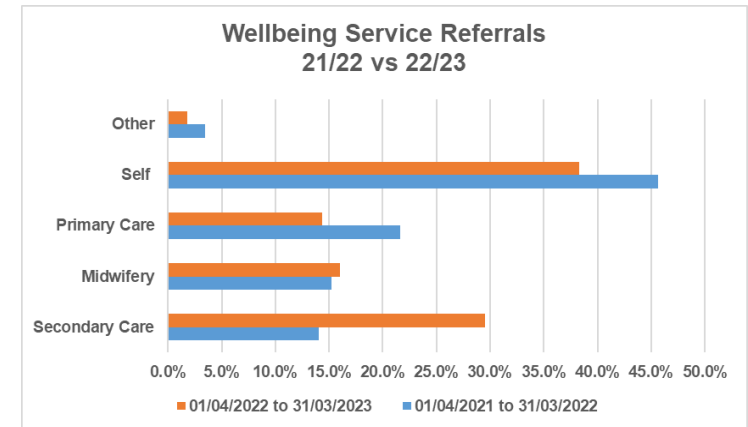
- Wellbeing Service screen all clients for Smoking status, BMI (weight and height), physical activity levels, alcohol consumption – as well as using the Edinburgh Warwick scale to support with mental wellbeing.
- Senior Practitioner focusing on Smoking and Pregnancy supporting Tobacco Dependency Advisors within Maternity as part of NHS Long Term Plan. To reduce smoking at time of delivery.
- Continuing to support smoking clients with behaviour support and direct supply of e-cigarettes.
- Working in partnership with Health and Care Portsmouth colleagues to support the Weight Management Hub pilot.

Referrals:

- Overall (n.5,226) up 36% on previous year (21/22 to 22/23) – key increase in Secondary Care (15.5%) contributed by return to service following Covid and an increase of referrals from Target lung health check (TLHC) and Tobacco Dependency Advisors.
- Starting in May 22, a total of 486 referrals (included in Secondary Care) for stop smoking had been received as part of TLHC referral pathway.

Support Provided:

- Number of clients setting a Quit Date for smoking had increased 17% (n.1,270) compared to previous financial year (n.1,054). 52% successfully quit at 4-weeks (n.655) compared to 48% (n.509) in the previous year.
- Referrals from TLHC, 51% (n.249) had accepted support, 80% (n.198) set a quit date and 51% (n.101) had successfully quit at 4 weeks.
- 204 new clients engaged in the three healthy weight group cohorts (6 venues) that ran 22/23 financial year and approx. 274 clients received 1-1 support for healthy weight.
- A total of 31 Interventions for alcohol were provided and 31% of clients taking up service (n.783) received brief advice due to drinking at risky levels (AUDIT C 5+) compared to 14 interventions and 34% given brief advice (n.652) in previous year.
- Overall uptake of Service (48%) reduced from last year (57%) mainly contributed by increase in Secondary Care. Currently there are 456 active clients, 173 starting support in 22/23.



Reduce the harm caused by substance misuse

- Over the past year we have seen a significant increase (21%) in the number of people in drug and alcohol treatment, rising from 1,436 in 2021/22 to 1,742 in 2022/23. This increase is one of the highest in the country and higher than other areas in the region. Nationally numbers in treatment only increased by 0.2% (n.619) over the year (Portsmouth's increase was n.306).
- Our target for 2023/24 is to further increase individuals in treatment to 1,785.
- The percentage of prisoners leaving prison and engaging in community drug or alcohol treatment has increased from 31% (2021/22) to 36% (2022/23). The target for 2023/24 is to increase this to 45% by the end of 2023/24.
- During 2022/23 37 individuals accessed residential rehabilitation. This is higher than the 3 year average baseline from 2018-21 (n.30). The target for 2023/24 is to increase this to 39 placements.
- The number of suspected drug related deaths reported reduced during 2022/23 to 27, from 39 in 2021/22.
- The proportion of people successfully completing drug and alcohol treatment has improved over the past year, but remains below the national average, however this is impacted by the significant increase in numbers in treatment over the past 12 months. Over the next year, as more people complete their treatment programme, the rate of successful completions should increase further.

Reduce the harm caused by substance misuse

Over the past 2+ years there has been significant increased investment in drug and alcohol treatment services nationally.

Locally we have used this funding to develop the following initiatives:

- Dedicated rough sleeper drug & alcohol team, with multi-disciplinary staff, including psychologists, mental health support, peer support.
- Enhanced specialist criminal justice team, engaging with offenders in a range of settings from police cells through to prison releases.
- Enhanced specialist alcohol team
- Specialist psycho-social interventions practitioner & specialist LGBTQ+ worker

During 2023/24 we are further increasing capacity by investing in:

- Further dedicated alcohol and psycho-social interventions practitioners
- Peer mentor development
- Drug specialist nurse at QA for Portsmouth residents
- Additional funding for residential rehabilitation placements

Sexual & Reproductive Health

Systems Thinking 'roll in' introduced clinical telephonic front door (June 2023) in Portsmouth and SE Hants to meet the needs of residents easily in their 'patient journey' and maximise on resources available to improve patient outcomes.

Integrated Sexual and Reproductive Health Service provision recommissioning process underway to initiate the new contract 1st April 2024 across Hampshire, Isle of Wight, Portsmouth, and Southampton (HIPS), including continuing all the current services:

- Local Authority Commissioning of System Leadership & Network Management; Specialist Integrated Sexual & Reproductive Health Service (inc STI testing & treatment, HIV testing, contraception, clinical advice to residents and professionals); Sexual Health Promotion and Prevention (inc free condoms with no upper age cap); Psychosexual Counselling
- NHS England commissioning of HIV Treatment and Care; and Opportunistic Cervical Screening; HPV Vaccination for gay, bisexual and other men who have sex with men

General Practice Long Acting Reversible Contraception (for contraceptive and non contraceptive use)

- Jointly commissioned with the Integrated Commissioning Board, supported by free workforce development opportunities
- Working towards equitable access, including cross practice referrals in Portsmouth and Saturday appointments available

Community Pharmacy

- Free emergency contraception continues, complimented by the NHS England commissioned Free contraception provision in more than 12 pharmacy sites across Portsmouth

Partnership working: Children's Public Health Strategy 2021 - 2024

No.	Priority & Vision
1	<p>The Best Start</p> <p>As far as possible, all women and their partners make an informed decision about becoming pregnant; all women have access to opportunities which improve their physical and mental health throughout their pregnancy and into parenthood.</p>
2	<p>Thriving Parents</p> <p>In Portsmouth we believe that parents are key to helping children and young people achieve their very best. Parents will be supported to fulfil their role to the very best of their abilities, whilst taking responsibility for helping to create the city we all want our children to thrive in.</p>
3	<p>The Impact of Poverty</p> <p>For all families to have access to pathways, opportunities and living conditions that support their child's long-term physical health, reducing the inequalities that exist as a result of poverty.</p>
4	<p>Environmental and Social Planning</p> <p>For all new plans and key decisions regarding the built environment and healthy place-shaping to have embedded within their process a focus on the physical health of maternity, children and young people.</p>

[Family Hubs](#) are anticipated to launch September 2023 within Portsmouth which will support the ambitions of the CPH strategy

Healthy weight –nutrition/poor diet and obesity

Children

- Continuing delivering National Child Measurement Programme (NCMP) and use the insight to utilise the limited resources effectively both in relation to prevention and also treatment.
- Continuing delivering our pilot Superzone, a place-based approach to tackle childhood obesity, with Arundel Court Primary Academy in Charles Dickens Ward. We've entered the delivery stage, with a continued focus on active travel and school lunchboxes. Utilising feedback at all stages and amending delivery accordingly.
- Started a review of the Children's Weight Management Pathway, which is due to go to the Health & Wellbeing Board in November 2022. A multi-agency steering group lead by PH, is reviewing and amending the current pathway, to reflect current provision and ensure a smooth and consistent pathway is in place for utilisation by services for the residents they are supporting.

Adults

- The Wellbeing Service's and Pompey in the Community's weight management programmes continue, delivered city-wide, predominately via groups and incorporating physical activity. Demand continues to increase.
- On-going work with midwifery to review the maternal weight management pathway and increase up-take.

All ages

- Provide nutrition/healthy eating advice and training when requested by our partners, to support positive dietary behaviours.

Physical inactivity and utilising outdoor spaces

Physical inactivity

- Continuing to lead the Active Portsmouth Alliance, a multi-agency partnership, working collaboratively to delivery the physical activity action plan for the city. Organising quarterly meetings and leading/supporting specific actions to support our most inactive communities to be more active.
- Work with key partners including (but not limited to) the Integrated Care Board, Primary Care, Sustrans, Active Travel and Transport teams to develop and pilot new initiatives e.g. Physical Activity Local Incentive Scheme with GP practices and support established programmes e.g. School Streets.
- Promotion of physical activity to key target groups i.e. least active, remains an on-going focus. Continually looking for opportunities to add brief advice and physical activity into other topics/agendas both internally and externally.

Utilising outdoor spaces to make being active easier

- The first Skills Garden in the UK as part of the Athletic Skills Model (ASM) developed in the Netherlands, based on 10 fundamental movements continues at pace, with the site at Lords Court (Charles Dickens Ward) due to open later this year. Youth and community staff, plus school staff local to the Skills Garden are due to be trained in the ASM principles in July to ensure utilisation of the new community asset.
- Supporting various partners to increase casual recreational and/or active travel via projects, for example, re-vamp of Arundel Park as part of the Superzone and Active Pompey Neighbourhood.

Suicide prevention and public mental health

- The **Portsmouth Suicide Prevention Action Plan 2022-25** overseen by Portsmouth Suicide Prevention Group describes our local priorities informed by auditing Coroner's records. Much of our work is undertaken collaboratively across HIOW, as part of the HIOW suicide prevention programme.
- The **HIOW real time surveillance system** (working with police to understand local deaths by suspected suicide to identify and inform preventative action), is working well, and led from Public Health in Portsmouth. A system to enable closer vigilance to trends is being implemented and links with partners being developed to enhance data completeness and postvention strategies. This includes overseeing delivery of **suicide bereavement support commissioned from Amparo** and developing a **HIOW system response following suspected suicide plan** which has been tested in a table top exercise. Participation in **ADPH sector led improvement activities** have been reassuring in the direction we are taking in this work and also helpfully prompted local thinking.
- Current areas of work include working with a range of health, care and education settings on a **quality improvement project on addressing self-harm; raising awareness of suicide prevention with primary care**; and, continuing to be **proactive in offering a range of training** to reduce the stigma associated with mental health conditions and develop the skills and confidence of non-mental health practitioners in supporting others.
- Public Health Co-Chairs the **Portsmouth Mental Health Network** alongside Solent Mind and in collaboration with HIVE Portsmouth and ICB Portsmouth. The Network which comprises community and voluntary sector and statutory organisations met in May 2023 with a focus on suicide prevention (presentations by Andy's Man Club and Amparo), mental wellbeing of carers and people who are cared for (Carer's Service, Portsmouth City Council) and an update on the NHS Solent Mental Health Hub.
- **HIOW Integrated Care Partnership Strategy priorities on social connectedness and mental wellbeing** are being actively supported with local work developing.

Community Champions

- The Community Champions Programme's priority areas include Mental health and wellbeing, Access to healthcare, Cost of Living and COVID-19. (Priority areas as identified by communities themselves e.g. menopause)
- The priority areas inform the weekly messages and most recently the awareness sessions, Menopause (April), Access to Healthcare (May)
- Currently there are approximately 20 individuals that have been recruited onto the programme, however, the wider network has an additional 60 members making the total to approximately 80 people.
- Engagement varies from the sharing of the weekly messages, attending awareness sessions and involvement with the Cost of Living blog.
- Currently scoping the development of 'a guide for people new to Portsmouth' with interested community champions.
- Working with Portsmouth College (ESOL) to identify potential new community champions.

Live Well Events

- Live Well sessions have been predominantly delivered alongside food pantries, larders or food banks in four areas of the city; Paulsgrove, Portsea, Landport and Somerstown
- The Live Well concept is to provide community outreach and take services into the community, e.g. mental health, wellbeing support, housing advice, help with paying pills and claiming benefits and mini health checks. The model is flexible to meet the needs of the community.
- Seven sessions have been delivered since the 9 March,
- 429 separate engagements were recorded (people would have been counted more than once if they engaged with different services)
- The overall consensus from the attending services is that they have made a difference to at least one person they have engaged with and that their attendance has been worthwhile.
- In addition to the traditional delivery, one Live Well session was delivered in a school setting in February (Trafalgar) and will be repeated in July, with the addition of a programme of awareness talks being available for families/parents/guardians.
- A smaller bespoke session is to be delivered with St George's Primary school in June around holiday activities and support for families.

Health protection

- **Air Quality**

- Multi-agency Air Quality Board chaired by PH to deliver the Health and Wellbeing Board priority on Air Quality and Active Travel. Delivery Plan for coming year in place, including:
 - Clinical champions for air quality
 - Work to share electric vehicle charging facilities across organisations
 - 'Greening the Quiet Ways' initiative led by Sustrans
 - Active Pompey Neighbourhoods and road closures around schools
 - Anti-idling campaign and support for Clean Air Day

- **Health Protection Forum** – has now replaced the 'Health Protection Board' as a refreshed quarterly meeting, taking an 'all hazards approach' to share health protection issues and plans between partners in the city
- **Health Protection enquiries** to Portsmouth public health are answered by a team of experts on a rota basis, who offer advice normally within one working day.
- **Infectious disease and environmental hazards** – we continue to support partners, including UKHSA, with managing the consequences of incidents and outbreaks of infectious disease. We support mosquito surveillance at the Port, and various emergency planning plans on hazards such as extreme heat, cold, flooding and drought.

Sustainability and wider determinants (cost of living)

Climate Change

- Cross-agency **Portsmouth Climate Action Board** created 2019 in response to Climate Emergency, Chaired by University, Public Health and Portsmouth Hospital Trust included on membership

Greener NHS

- Public Health Portsmouth represent HIOW public health on the Hampshire and Isle of Wight ICB Energy and Sustainability Board, responsible for delivering the HIOW ICB Greener NHS Strategy.

Cost of Living

- Public Health continues to support the PCC-wide project to tackle the Cost of Living (CoL) crisis through managing the **CoL Support Officer**, offering intensive one-to-one support to those most in need, and engaging in outreach work in the city through regular attendance at Live Well events, job centres, foodbanks, and other agencies.
- We have contributed to aligning the corporate response to the CoL crisis with our BAU approach to poverty through the **Tackling Poverty Steering Group**, which is being adopted as a formal sub-group of the Health & Wellbeing Board, so allowing our partner organisations greater input into how we respond to the ongoing challenge of poverty in the city.
- We are working with Health and Care Portsmouth, Switched On Partnership, the HIVE and Age UK to pilot a **Warmth on Prescription project** at the Portsdown Group Practice, with the aim of mitigating the effects of cold homes on the health of those most vulnerable during the CoL crisis.

Green and Healthy city

- Public Health has been able to make the previously fixed-term **Green and Healthy City Co-ordinator** role permanent. The post will oversee delivery of a refreshed **Greening Strategy and Development Plan**, taking an evidence-based policy approach to developing greening projects in the city.
- We are about to recruit to two additional fixed-term Greening team posts with a focus on project management and engagement. These have been made possible as a result of a successful bid to the **Forestry Commission's Woodland Creation Accelerator Fund**. All three posts are managed by Public Health to align with health priorities, particularly around climate change mitigation and inequality, with corporate strategic support.
- Through our **Greening Development Group** - a sub-group of the Climate Programme Board - we are working with other council directorates to ensure the approach to greening in city is targeted at those areas most in need. For example, working with the Planning team to make the most of Biodiversity Net Gain legislation.
- PCC is proud to be one of the 21 councils in the UK which has **Tree Cities of the World status**, as part of a programme managed by the UN and the Arbor Day Foundation in the US. We've met five standards with our tree planting programme in terms of defined responsibilities, setting rules for managing trees, knowing what we have, allocating resources, and celebrating our achievements.
- The **Greening the City community fund** awarded grants to four community-led greening projects at the end of 2022. These projects are now underway, and include a church, a health centre and a local sustainability charity.
- A number of **other greening initiatives** have been successfully implemented, including **Queen's Green Canopy commemorative planting** at Castle View Academy and Moorings Way Infant School. Further projects for schools are in development working with our partner, Trees for Cities.

Joint Working – Planning, Transport and Housing

- Portsmouth Local Plan has a clearly articulated policies on air quality, greening, health and wellbeing and Health Impact Assessment (HIA) for major development applications.
- Public Health routinely consults on development applications and has designed a Health Impact Assessment framework.
- Providing health intelligence to support programmes and policies, including:
 - Major developments and regeneration proposals
 - Greening and biodiversity net gain
 - Flood risk mitigation including sustainable urban draining systems
- Providing health intelligence to support flagship transport programmes and policies included in the Local Transport Plan 4, including:
 - South East Hampshire Rapid Transit scheme (rapid bus travel)
 - Refreshed Air Quality Strategy
 - Future Transport Zone to promote active travel
 - Parking Strategy
 - Support for funding bids